

Dr Judith Holden BSc (Hons), MSc, ClinPsyD
Consultant Clinical Psychologist

A Consultant Clinical Psychologist with more than eleven years post-qualification experience within the public and independent sectors. An ethical and conscientious practitioner with a clear track record for delivering timely and effective interventions, quality supervision, training, leadership, and efficient contract management. A reputation for professionalism as an expert witness in family, civil and criminal justice matters.

Contact details

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www.judithholden.com / www.serenbay.com

Work history

Seren Bay Limited – 2015 to present

Director and Consultant Clinical Psychologist

- Independent psychological consultancy offering psychological assessment, therapy, consultation, supervision, and contract management
- Expert witness services

University of Birmingham - 2005 to present

Honorary Tutor

- Involvement in the selection procedures, training and supervision for the Clinical Psychology doctoral programme

Phoenix Psychological Services – 01.02.2012 to 19.02.2015

Clinical Psychologist / Consultant Clinical Psychologist

- Head of adult services with lead role in provision of adult therapy and supervision of Associates undertaking adult work. Particular focus on parents in care proceedings.
- Development of the adult service including recruitment and promotion
- Contract management and development of services to the NHS and third sector
- Ongoing responsibilities as an expert witness

Phoenix Psychological Services – 23.05.2008 to 31.01.2012

Associate Clinical Psychologist: Self Employed

- Full psychological assessments for adults, children and family groups involved in family court proceedings, civil and criminal matters
- Assessments of cognitive ability and mental capacity
- Providing oral evidence in court as an expert witness

Dudley and Walsall Mental Health Partnership Trust – 02.08.2004 to 31.12.2010

Principal Clinical Psychologist

- Responsibility for therapy, supervision, training and development in the Adult Primary Care specialty
- Included a period as acting head of specialty covering sickness absence during which time enacted a plan to clear a two year waiting list and contributed to saving the service from decommissioning

South Birmingham Primary Care Trust – 02.10.2000 to 30.09.2003

Clinical Psychologist in Training

- Core placements in Adult, Child and Family, Older Adults and Learning Disability services
- Specialist placements in Early Intervention for Psychosis and Forensic services.
- Thesis research into cultural influences on post-psychotic depression and entrapment
- Followed by break in employment for travelling

North West Anglia Healthcare NHS Trust – 01.10.1999 to 30.09.2000

Assistant Psychologist

- Child and Family service

Kneesworth House Hospital, Partnerships in Care – 01.10.1998 to 30.09.1999

Assistant Psychologist

- Medium secure psychiatric inpatients

Memberships

British Psychological Society 79416 – Chartered Clinical Psychologist

Health and Care Professions Council PYL06233 – Registered Practitioner (Clinical) Psychologist

Qualifications and additional training

University of Birmingham – ClinPsyD, 2003

Thesis Title: *Depression following the onset of psychosis: The Influence of ethnicity and culture on social rank appraisals.*

University of Leicester – MSc Forensic Psychology, 1998

Thesis Title: *The Gartree Therapeutic Community population: An examination and comparison.*

University of Westminster – BSc (Hons) Psychology, first class, 1997

Dissertation topic: *Perceptions of crime seriousness, attitudes towards punishment and punitiveness in three student groups.*

- Attachment in Adults – Kate White , The John Bowlby Centre, 2013
- Mentalization-Based Treatment – Peter Fonagy and Anthony Bateman, The Anna Freud Centre, 2013
- The Attachment Style Interview – Antonia Bifulco, 2012
- New Developments in Sex Offender Risk Assessment, NOTA, 2012
- Court Skills for Psychologists and Mini-Pupilage – Warwickshire and Coventry Family Justice Council, 2010
- Leadership Development Programme including 360 feedback – Dudley & Walsall MH Partnership Trust, 2010
- West Midlands Clinical Psychology Supervisors Training and Recognition (STAR) workshops, 2005-10

- EMDR Part 1 – EMDR Workshops, 2009
- Introduction to Cognitive Analytic Therapy – MCAT, 2009
- Introduction to Compassion Focused Therapy – Paul Gilbert, 2008
- REBT Primary and Advanced Practica – accredited by the Albert Ellis Institute, New York, 2003 and 2008
- CBT Supervision: Introductory and Improving – Helen Kennerley, OCTC, 2008
- CBT Training Skills for Trainers – Melanie Fennell, OCTC, 2007
- Schema Therapy for Borderline Personality Disorder – Jeff Young, 2006
- Trauma-Focused CBT for PTSD – Deborah Lee, BPS Division of Clinical Psychology, 2008
- CBT for Personality Disorders, Christine Padesky, 2005
- Clinical Audit; Recruitment and Selection; Serious Untoward Incidents, Dudley & Walsall MH Partnership Trust, 2005 and 2009

Reference

Dr Elizabeth Gillett - Director and Consultant Clinical Psychologist
 Phoenix Psychological Services
 Tranquil House
 258 Old Birmingham Road
 Bromsgrove
 Worcestershire
 B60 1NU

Practicing at

Phoenix House
 73-75 Priory Road
 Kenilworth
 Warwickshire
 CV8 1LQ

Tranquil House
 258 Old Birmingham Road
 Bromsgrove
 Worcestershire
 B60 1NU

Appointments may also be arranged at Solicitors offices and Local Authority premises with prior agreement